J. M. J.

Three Retreats

before the Feast of Saint Teresa.

1893. = 1895. = 1898. —

Also 1899.

To be made the Subject of a Consideration every Sunday

J. M. J.

Retreat - 1899.

nded Feast of our Lady's Purity
St. Teresa's Same as in 1893,

— " —

Having read attentively & though
ver the Resolutions Written
n this little Book I dont see
at I can do better than to renew
them, as they are what this
etreat Shows Me I want most
But I add One Resolution
iz. To read & Make a Short
nsideration every Sunday on
ow I am Keeping those
esolutions, & by fervent Prayer
eg Grace to begin anew do
etter the following week. —
This I will do in honour of my
dear Angel Guardian Whom
I humbly beg to remind me. —

14th October 1899

Jesus. Mary. Joseph.

Twelve Resolutions made in
Retreat 14th October 1893. —
Eve of our Lady's Purity — & St. Teresa's Feast.

Placed in the Sacred Heart that loves me. Can I fail & be ungrateful My Blessed Mother St. Joseph & St. Teresa will obtain for me grace to be faithful. if I do my part & honestly strive. They are very easy resolutions not high. but high enough for me such as every good Novice practises

God Specially punishes the faults of Superiors - often a Whole Comty or Order suffers. — & God has been so good to me! to me! —

(St. Teresa says. In an age like ours, no imperfections ought to be seen in those who are to teach others

8 Days Retreat

Before the Feast of St. Teresa 1893.
Our Lady of the Sacred Heart Loretto Sydney

1st Resolution. To go to bed at 10½ or at latest 11 o.c. every night. and to get up at 6. to begin.

2nd Stated regular prayers at Mass & in preparation for Holy Communion

3rd Recollection & Mortification at Breakfast & all meals. Good thoughts instead of hearing Reading

th Straight to Chapel after breakfast Letters after visit.

5th Office & Beads at 9 o.c. or as soon after as possible. Out if fine & able.

th Writing till 12 oc. Angelus
th Intention. Lunch. Examen. —
use or School business. Write
Necessary — or Read, begin
ith some spiritual book Lecture

th Dinner as Breakfast if Recreation
y something spiritual. Vespers

. Punctual at Recreation. Bright
eerful, "Chatty" Strive to entertain, interest
little spiritual, a little intellectual, a
tle funny. Examen when bell rings

th Matins & Lauds at 6 oc. & visit
ith Community.

th Rec. as above. Night Prayers
ith Srs in Chapel. prepare Meditation

th Keeps 1st Resolution & "additions

th Have at least one good thing
omplished to offer Our Lord after the da
et ready to die if called in the night.

Eight days Retreat
Before the Feast of St. Teresa 1895.
Loretto Our Lady of S. Heart Sydney 14th Octr

I make One resolution with God's Grace & Our Lady's help — To lead a truly spiritual and Supernatural life by giving myself earnestly to Spiritual things. Prayer. & Pious reading.

— " —

I cannot expect to live much longer, then all the more earnestly let me give the time that remains lovingly to Our loving Lord, strive daily & hourly to please His Sacred Heart. to Repair the Past. Win Souls for Him.

I renew the former "resolutions written in this book. Read over at Meditation every Friday. or before Confession. Pray often for grace to keep them in this I have failed, & hence result. —

J.M.J.
Eight days Retreat
before the Feast of St Teresa
-1898-

ur Divine Lord has been ery good to Me in this etreat. Would I could say he same of self. Still I ope in His Mercy that has pared Me so long & I ow renew the Resolutions f 1893 in this little book xcept, No 5. Morning Hours efore 9 ac. & School 9. Beads fter Vespers or 7.30. in Chapel More Spiritual Reading Less Secular.

y & see More of Sisters, the ovices & Children.

y to get Called at 5.30 a. M.

t these Resolutions Where I ill often see them. Prayer. & . Self Denial.

+
J.M.J.
Retreat made in Loretto Abbey
Gorey.
24th August. — 1907. —

These Resolutions Made on the 54th Anniversary of my entering this Holy House as a Postulant, & Immediately after-wards making my first 8 days Retreat, in Which I made my first General Con-fession to Father Lacy. P.P. Who Baptised me in Wexford 19 years before, seem to me particularly binding & Solemn. — as probably the last great Grace I shall receive in this place Where I received so Many Graces. Education as a Child. — Spiritual training as a Novice. the Holy Habit. — Profession. — Many severe trials, intended in God's Mercy to purify my sinful soul & now bringing me from Australia 12,000 Miles to make What very probably may be my last Retreat, & in it great Graces.

Also renew Specially the
solution re Retiring and
ising early. — —

nd the One About Spir.
Secular reading. —

lso. Recreation With the Srs

nd a New one to give
ome time every week to
he Lay Srs and When I
nnot do so, get the Mother
ssistant to Supply my place

ee More of the Novices
nd Children.

isit House & grounds
more frequently, & say a
word of encouragement
Workers & officials.—

Ask Our Lord after
Holy Communion for Grace
t Keep these & other Resolutions
to place them in the hands & heart
of our Immaculate, Sweetest Mother